

# POSTCARD FROM THE FUTURE



Dear Beryl

Thank you for your lovely card and kind words of encouragement.

I was at the end of my tether last week with Jim. He has been so down and wouldn't even leave the house to walk Pip and get his paper! Not since he got confused and couldn't remember his way home! And me struggling with my hip, I am unable to give Pip a good walk.

So I did what you said and I contacted my local Single Point of Access. You were right, it just took one phone call. The nice lady spoke to Jim and me; Jim told her that the only thing that matters to him is to be able to walk Pip, so they put me in touch with a lovely young man called Alan who now takes Jim and Pip out once a week – it's what they call a Buddy Scheme.

She has also arranged for us to have a visit from Social Services who will look at some kind of GPS equipment, which means that Jim can go out on his own and find his way home. Jim is much happier and me. I get to read my book with a nice cup of tea in peace. I was amazed that she already knew about Jim's Dementia, and that he had Physiotherapy last year when he fell as he was already registered on their system!

She was also interested in me, as Jim's carer. It was so good to talk with someone who was listening to my concerns, and wanted to help. At the end of our conversation, we agreed that she would refer me to the Carers Outreach Service. They offer all sorts of help. She is also sending me a list of local private agencies who can help with shopping and cleaning which will be useful for me after my hip operation, which I forgot to say is now set for June.

Hope your family is well

Best wishes

Maureen

Mrs Beryl Smith

Any road

Any town

County

Post Code

*Disclaimer:*

*This 'postcard from the future' exists by way of example for training purposes and no guarantee is made that the services identified will be available*

*In the future.*